

Your Heart Hospital 2021

Understanding the Causes, Prevention and Treatment of Heart Disease

In partnership with the British Cardiovascular Society

Wednesday, 13th October 2021

Royal United Hospitals Bath NHS Foundation Trust

Course Director: ***Dr. Raveen Kandan***

This meeting has been developed for Year 11/12 school students to help understand the causes, prevention and treatment of heart disease, appreciate what happens in a heart attack centre and to learn practical resuscitation skills. It will also give insight into careers in healthcare.

This meeting has been adapted to take account of the Covid-19 pandemic. We will use videoconferencing but hope to welcome some students physically to what promises to be an exciting, educational and interactive meeting.

To register for the course please contact:

Holly Vestaskew
Course Administrator
Email: holly.vestaskew@nhs.net

Dear Delegate,

On behalf of the organisers I would like to invite you to attend Your Heart Hospital 2021. Considering the Covid-19 pandemic, the course will be run using video conferencing which can be accessed in the classroom or at home should the need arise. During the course you will learn about the causes, prevention and treatment of heart disease as well as what happens in a modern heart hospital.

We hope to welcome some students physically and be able to deliver practical resuscitation skills training. Further details will be provided closer to the course date.

Delegates considering a career in healthcare will be particularly interested to see the short film interviews with Doctors and Allied Healthcare Professionals including Nurses, Radiographers, Physiologists and Physiotherapists.

Yours sincerely,

Dr. Raveen Kandan
Consultant Cardiologist
Royal United Hospital Bath

Course Director
Your Heart Hospital 2021

Draft Programme

- 09:00 Registration & Welcome: [Dr. Raveen Kandan](#)
- 09:05 Introductory Address: Cardiovascular Healthcare during the Covid-19 Pandemic: *President of the British Cardiovascular Society*

Session 1: How the heart works and keeping it healthy

- 09:15 Understanding how the heart works + Q&A: [Dr Kevin Carson](#)
- 09:30 Preventing heart disease + Q&A: [Dr Sarah Hudson](#)

Session 2: Heart attacks & Working in a cardiac catheterisation laboratory

- 09:45 Heart attacks + Q&A: [Dr Dan McKenzie](#)
- 10:00 How we treat a major heart attack: [RUH Cath Lab Team](#)
- 10:10 Staff interviews + Q&A: Cardiac Physiologist, Cardiac Radiographer, Cardiac Cath Lab Nurse
- 10:45 COFFEE

Session 3: Resuscitation, Heart conditions & Working in a Heart Hospital

- 11:00 Why we should all be trained as lifesavers, the school curriculum and 'Restart a Heart' day + Q&A: [Prof Jerry Nolan](#)
- 11:15 Heart rhythm problems & treatments + Q&A: [Dr Ashley Nisbet](#)
- 11:30 Heart valve problems & treatments + Q&A: [Dr Dan Augustine](#)
- 11:45 Staff interviews + Q&A: Cardiology Specialist Trainee, Coronary Care Unit Nurse, Physiotherapist, Occupational Therapist
- 12:20 Summary & closing remarks: [Dr. Raveen Kandan](#)
- 12:30 LUNCH / CLOSE * **Post lunch practical resuscitation skills training session (to be confirmed)**