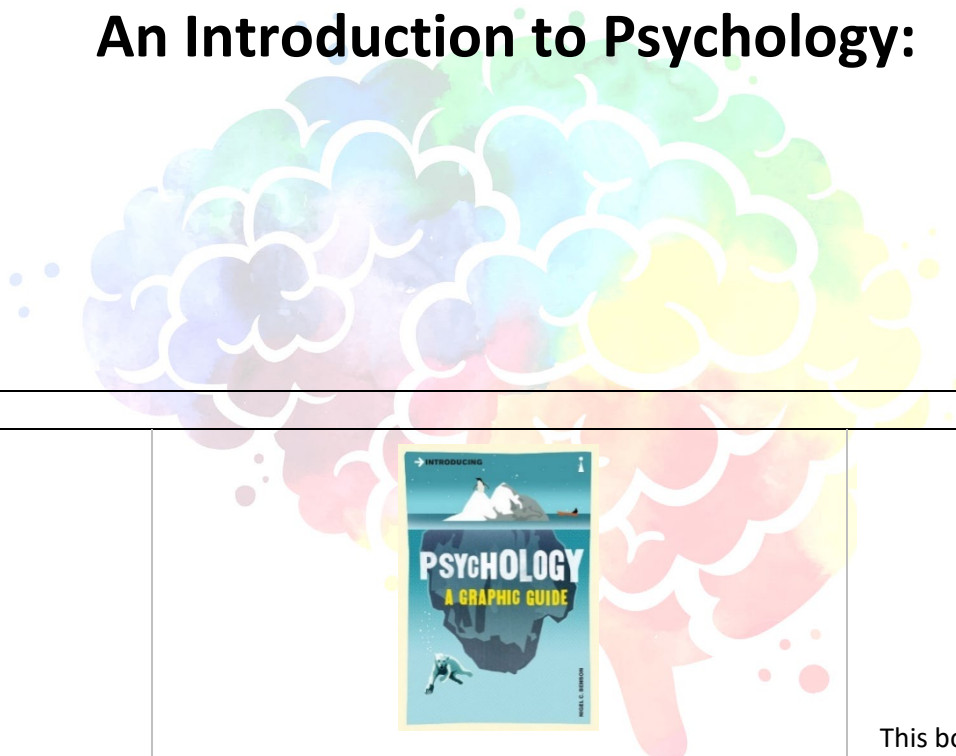
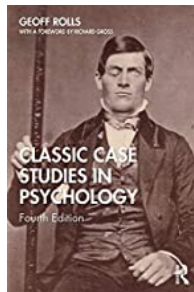


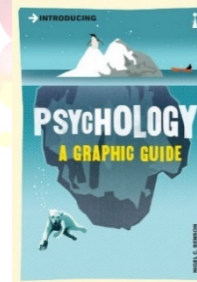
# An Introduction to Psychology:



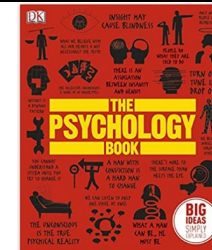
Read



The human mind is both extraordinary and compelling. But this is more than a collection of case studies; it is a selection of stories that illustrate some of the most extreme forms of human behaviour.



Introducing Psychology answers all these questions and more, explaining what the subject has been in the past and what it is now. that illustrate



This book is your visual guide to the complex and fascinating world of human behaviour. Discover how we learn, become emotionally bonded with others, and develop coping mechanisms to deal with adversity, or conform in a group. Get to know key thinkers, from Freud and Jung to Elizabeth Loftus and Melanie Klein, and follow charts and timelines to make sense of it all and see how one theory influenced another

## Online

### Free Online Courses with OpenLearn

<https://www.open.edu/openlearn/free-courses/full-catalogue>



15 x 5-minute video clips to find out a bit more about what Psychology is about and some popular questions answered!

[https://www.youtube.com/playlist?list=PL73K\\_0Mtyy1-ei8\\_C9M82UzQeL6OsvDpy](https://www.youtube.com/playlist?list=PL73K_0Mtyy1-ei8_C9M82UzQeL6OsvDpy)



<https://www.youtube.com/watch?v=qH2q59pSZc>

Watch 10 psychological studies that should have not taken place! Links to ethics in research.

RESEARCH DIGEST: sign up for a **weekly newsletter** and **podcasts** to listen to from by The British Psychological Society <https://digest.bps.org.uk/>

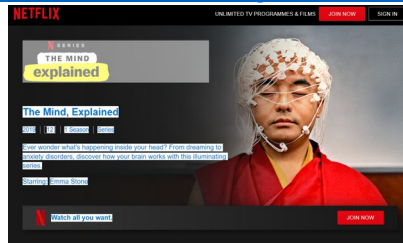


**Research Digest**

## Documentaries

### Watch: The mind explained on Netflix

<https://www.netflix.com/gb/title/81098586>



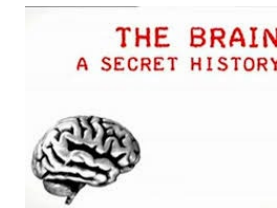
Any documentaries on you tube, Netflix or catch-up about development/ memory/ the brain/ behaviour is useful for psychology.

### Watch: secret Life of 4, 5- and 6-Year Olds (Channel 4)



This documentary provides an insight into child development.

### The Brain: A Secret History – Michael Mosley



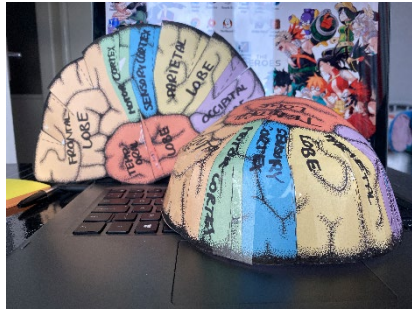
Michael Mosley embarks on three journeys to understand science's last great frontier - the human mind - as he traces the history of the attempts to understand and manipulate the brain.

**Make (get creative)**

**Biological psychology : Brain hat – Download, cut out (easy – labels done for you or hard – make your own labels).**

<http://www.ellenjmchenry.com/homeschool-freedownloads/lifesciences-games/documents/BrainHatColor.pdf>

**Work out which area of the brain controls which behaviours.**



<https://www.thinkfun.com/teachers/thinky/>

**Cognitive area: Dragon illusion** - Download, cut out, follow instructions and watch the eyes follow you around the room. Or **Optical illusion** - Create your own optical illusions through drawings or taking photos.

**Read about Optical illusions and cognitive psychology here:** <https://www.verywellmind.com/cool-optical-illusions-2795841>



**Cognitive psychology:**  
**Recreate the infamous STROOP experiment and test your friends and family.**

Find all the details here.

<https://faculty.washington.edu/chudler/words.html>

green	blue	yellow	blue
blue	red	yellow	red
yellow	yellow	green	red
yellow	green	blue	yellow
green	red	blue	green
blue	yellow	blue	red