

	Topic	covered in the following lessons:				
		Year 7	Year 8	Year 9	Year 10	Year 11
		Pupils should be taught:				
Core 1: Health and Well-being	how to manage transition	ground rules, House council elections				
	how to maintain physical, mental and emotional health and wellbeing including sexual health	B&NES Mental Health Lessons 1	diet and exercise, eating disorders, personal and physical changes B&NES Mental Health Lessons 2	SRE, delays, B&NES Mental Health Lessons 3	sti, sleep, skin cancer, SRE	breast and test. cancer, pregnancy and lifestyle
	about parenthood and the consequences of teenage pregnancy			Baby Borrowers 1	Underage and Pregnant	teenage pregnancy, parenthood, fertility
	how to assess and manage risks to health and to stay, and keep others, safe	road safety	diet and exercise, eating disorders	HIV/AIDS	cancer, skin cancer, fire safety	road safety
	how to identify and access help, advice and support	road safety, 999	eating disorder, sexting, drugs	SRE, HIV/AIDS	cancer, skin cancer, sti, SRE	cancer, road safety
	how to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco; maintaining a balanced diet; physical activity; emotional health and wellbeing and sexual health	anti-smoking	alcohol, drugs	smoking, legal highs	SRE, debates about legalisation/US A	AA visit, pregnancy and lifestyle, fertility, binge drinking
	how to respond in an emergency including administering first aid	999 lesson	first aid			
	the role and influence of the media on lifestyle.		eating disorder	GOK Wan	body image and the media	pornography and sex in the media
Core 2: Relationships	how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills	relationship module/bullying 1	bullying 2	relationship, delay, gender, gok wan	Underage and Pregnant	parenting and pregnancy/baby borrowers 2
	how to recognise and manage emotions within a range of relationships	NLP	emotional literacy, emotional welfare	relationships, gender		stress and anxiety
	how to deal with risky or negative relationships including all forms of bullying (including the distinct challenges posed by online bullying) and abuse, sexual and other violence and online encounters	anti-bullying	sexting assembly	sexting, domestic violence, relationships	SRE	online behaviour, pornography and sex in the media
	about the concept of consent in a variety of contexts (including in sexual relationships)		Consent/Cup of Tea	delay, domestic violence	SRE	pornography and sex in the media
	about managing loss including bereavement, separation and divorce		emotional welfare, bereavement	B&NES Mental Health Lessons 4- loss		fertility
	to respect equality and be a productive member of a diverse community	shelter bx, park assist			Magistrate, racism, islamophobia	
	how to identify and access appropriate advice and support.	anti bullying lesson	sexting assembly	relationship, sexting, delay, sre	SRE, racism, islamophobia	pornography, pregnancy,
Core 3: Living in the Wider World	about rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy	shelterbox	Young people and the law	Rights and responsibilities, asbo, child soldiers, human rights	magistrates	interview techniques
	how to make informed choices and be enterprising and ambitious	ambition	heroes	time management,		interview techniques
	how to develop employability, team working and leadership skills and develop flexibility and resilience				work experience, magistrates	interview techniques
	about the economic and business environment			careers	work experience	work experience
	how personal financial choices can affect oneself and others and about rights and responsibilities as consumers.		personal finance			personal finance road safety
Extra		voting				governments and election
					revision techniques and study skills	revision techniques and study skills